

Exercise V

Instructions: Use the following vignette to develop a detailed treatment plan for the client.

Twelve-year-old Christina has come to the attention of your agency because her parents have abused her physically. The case was reported to Child Welfare, where you work, by a teacher at Christina's school. The teacher noticed that Christina always seemed to have bruises, and when she asked Christina about these, Christina was reluctant to discuss them. You have met the parents and talked at length with Christina. All three say they want the family reunited in time. For the time being Christina is being placed with an aunt who offered to provide foster care for Christina. Christina is a good student, particularly in math and science. She is extremely shy and quiet and has few friends. You are not sure whether this is because she was forbidden to bring friends home or whether she has always been this way.

1. The broad goal is to *help Christina and Christina's family reunite successfully*. List three very specific goals your agency will work on with Christina and her family. Next, place the objectives for each goal under that goal. Remember the phrase "as evidenced by. . . ."

Goal A:

Objective 1:

Objective 2:

Goal B:

Objective 1:

Objective 2:

Goal C:

Objective 1:

Objective 2:

2. Identify Christina's strengths and any strengths you see within her family, and show how these strengths will help Christina and the family meet their goals.

Christina's and Christina's family's strengths:

Explain how these will help them meet their goals:

3. Christina came into your office on April 4. What are your target dates for your goals?

4. Describe an intervention you will use with Christina and her family to help them meet their goals.